

*Living Jainism* explores a system of thought that unites ethics with rational thought, in which each individual is his or her own guru and social conscience extends beyond human society to animals, plants and the whole of the natural world. The Jain Dharma is a humane and scientific spiritual pathway that has universal significance. With the re-emergence of India as a world power, Jain wisdom deserves to be better known so that it can play a creative role in global affairs. *Living Jainism* reveals the relevance of Jain teachings to scientific research and human society, as well as our journey towards understanding ourselves and our place in the universe.

Essential reading for anyone interested in the philosophy of Jainism for our time.

David Lorimer, Scientific and Medical Network

Exquisite scholarship...I cannot recommend this book more highly.

Rev. Lynne Sedgmore CBE

An outstanding book from two very talented scholars of Jain philosophy and wisdom.

Dr Atul K. Shah

KANTI MARDIA is Senior Research Professor in Statistics at Leeds University, UK., as well as having five higher degrees and various professional fellowships. He is President of the Yorkshire Jain Foundation and his previous Jain-related books include *The Scientific Foundations of Jainism* and *Jain Thoughts and Prayers*.

AIDAN RANKIN is a London-based writer whose books include *Many-Sided Wisdom: A New Politics of the Spirit*, *Shinto: A Celebration of Life* and *The Jain Path: Ancient Wisdom for the West*. He has PhD and MSc degrees in Political Science from the London School of Economics and an MA in Modern History from Oxford University.

[www.mantra-books.net](http://www.mantra-books.net)



Religion  
UK £12.99  
US \$22.95

Cover image © Shutterstock  
Cover design by Design Deluxe

US \$22.95  
ISBN 978-1-78099-912-8



9 781780 999128



KANTI V. MARDIA AND AIDAN D. RANKIN

# LIVING JAINISM

## AN ETHICAL SCIENCE

LIVING JAINISM

AN ETHICAL SCIENCE

KANTI V. MARDIA  
AND AIDAN D. RANKIN

